

Om.T.O. YOGA MAT CONTEST

Soghrati Yoga, B Yoga & OmT.O. are giving away 30 of the best yoga mats on the market today. We know that your mat is your safe haven, your mirror, the place where you go to understand who you are – so it should be the best mat possible. Here's what you do to win!

- 1) Clear your afternoon schedule for June 24th – in order to be eligible for winning a mat, you must commit to practicing on your fabulous new mat during the last two classes at OmT.O.: Tracey Soghrati's class at 3:45 and the last class of the day at 4:40pm.
- 2) Find two friends who are willing to come and support your mission to gain a super stellar practice mat – they have to practice for the last two classes as well!
- 3) The first 30 people who send an email to tracey@soghratiyoga.com as follows, win:
 - Email Subject: Win a B Yoga Mat from Soghrati Yoga
 - Body of the Email:
 - Your Name
 - The names of the two friends you're bringing to practice with you (they must bring their own mats) ☺
 - Why you love yoga!

You'll be notified by email and your mat will be laid out for you with your name on it during Tracey's class on Sunday June 24th!